

Little Bees Forest School

Gear List

This gear list includes everything that your child needs for a great experience at Forest School. The brands listed under the item are options that have been proven to be durable and reliable but not mandatory. If your family has found different systems that work, then great but just remember your child will be outside for 2-4 hours so be sure they have good gear! The number 1 thing for getting your child dressed for forest school is **NO COTTON!!!** This is especially important for any layers that will be touching the skin, ie socks, shirts, pants. Also keep in mind if your child runs hot or cold to pack accordingly. Anything they do not need for the day can be left on their gear hook or in their bag.

All Year Round

- Lunch container - child must be able open it themselves
 - Bentgo
 - Planet Box
- Water bottle - make sure it does not leak and that child can open it
 - Kid's Camelbak
 - Thermoflask (Costco sells a 2 pack)
- Socks - wool or synthetic, always good to have an extra pair in daily bag
- Baselayer tops and bottoms - wool or synthetic, no cotton against the skin
 - Oaki
 - REI brand
 - Nui
 - Helly Hansen
- Hat and neck gaiters - wool or synthetic
 - So many options! Skida seems to be a favorite
- Mid layer tops and bottom- wool or fleece
 - REI brand
 - Oaki fleece top
 - Reima wool pants

Fall/Spring Months (ie. when mittens can be left off for an extended period of time)

- Hiking backpack - thick, comfortable shoulder straps with chest buckle, must be able to hold lunch, water bottle, extra layers, 8-18 liter capacity depending on your child's size
 - REI "Tarn"
 - Deuter Schmusebar
 - Osprey Daylite
- Rubber boots - preferably the insulated kind
 - Bogs
 - Oaki Neoprene boots

- Rain gear - preferably rubberized nylon bibs and jacket
 - Reima
 - Helly Hansen
 - Polarn O. Pyret
- Rain mittens
 - Reima
 - Polar O. Pyret
- All the year round gear listed above

Winter Months (below freezing, or when it's a damp/cold combo)

- Snow gear - preferably snow suit or snow bibs with jacket
 - Oaki snow suit
 - Reima suit
 - Burton suit
- Snow boots - must keep feet warm even in negative temperature
 - Baffins!
 - Sorels
- Snow mittens - best if it has longer cuffs to go over jackets
 - Reima
 - Stonz
- Hand and foot warmers - can store packaged up in bag until needed
- Gear bag - to hold extra gear, lunches, etc. This can be their backpack from Fall/Spring
- All the year round gear listed above